



## Monroe Wrestling Club Parent/Athlete Code of Conduct



Monroe Wrestling Club, Inc. (MWC) promotes the notion that children's sports are supposed to be fun! MWC parents, fans, coaches and athletes will take responsibility for their actions; understanding that their words and actions have a lasting emotional effect on children. By following the code of conduct and making every season about personal growth, skills, character development, and enjoyment of the sport, our wrestlers will be more likely to stay connected to a sport, which will in turn, help them to achieve life success.

The highest potential of sportsmanship and ethics of sports is achieved when athletes bring trustworthiness, respect, responsibility, fairness, caring and good citizenship to every practice and competition.

1. I will follow the expectations of the MWC by:
  - a. Learning the rules of wrestling and teaching my child the importance of playing fair and following those rules.
  - b. Staying out of the wrestling room and off tournament mats; letting the coaches coach, unless I am one of the official coaches or official parent helpers (coach in training) of the MWC.
  - c. Informing coaches prior to practice if my child cannot attend or will need to leave practice early.
  - d. Having my child wear the designated MWC team singlet to all competitions.
2. I will remember that participating in wrestling is supposed to be fun for the youth and is not to be forced by me as the parent. Hostility and violence will not be tolerated and I will teach my child to wrestle by the rules and resolve conflict appropriately.
3. I will not encourage any behaviors or practices that would endanger the health and/or well-being of the athletes and I will keep coaches informed about any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I (and my guests) will:
  - a. Be a positive role model for my child and all MWC wrestlers.
  - b. Encourage sportsmanship by showing respect and courtesy for all wrestlers, coaches, officials and spectators.
  - c. NOT use profane language or gestures, boo or taunt others, use verbal or physical threats or refuse to shake the hands of others.
  - d. Treat other wrestlers, coaches, officials, parents and spectators with respect regardless of race, creed, color, sex or ability.
  - e. Respect coaches and officials, as well as their authority, during wrestling matches; never questioning, discussing or confronting coaches during or after a match (concerns should be addressed later at an agreed time and place).
  - f. Demand a sporting environment that is free from drugs, tobacco and alcohol and will refrain from their use during practices and tournaments.
5. I will teach my child to do their best by:
  - a. Praising my child for competing fairly, trying hard and acting like a winner despite match outcomes.
  - b. Never ridiculing or yelling at my child or other participants for making mistakes or losing a competition.
  - c. Emphasizing the benefit of skill development and practicing over winning (especially in the novice age group).
  - d. Respecting the team's right to a healthy practice environment and not removing my child from practice due to his/her performance.



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Signature Page



After carefully reading the code of conduct, please sign below. In doing so, you are agreeing to the code, to providing guidance to your child about good sportsmanship and to actively participate in your child's success at the MWC.

Child's Name (please print) \_\_\_\_\_

Child's Signature \_\_\_\_\_

Parent/Guardian Name (please print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

***Note: Failure to sign this document does not exclude you from the expectations set forth in the code of conduct.***

MWC reserves the right to terminate (without registration refund) **your child's privilege** to participate in our wrestling program based on the expectations of the code of conduct.

MWC also reserves the right to terminate (without registration refund) **your affiliation** with the club as a coach, parent helper or board member based on the expectations of the code of conduct.